

Journey of a HALTON FIRST RESPONSE BAG



It starts with your items or gift cards for women and girls surviving sexual exploitation.

Items are packed with love and delivered to the Halton Collaborative Against Human Trafficking.



Dignity and hope are restored to survivors. They will know they're loved.



Halton
Churches



What goes into a bag?

\$25 Phone card
\$50 Walmart gift card
Journal + pen
Soap
Deodorant
Brush + comb
Body lotion
Plush blanket
Ponytail elastics
Shampoo + conditioner
Toothbrush + toothpaste
Feminine hygiene products
Disposable razors
Toiletry bag
Bath towel, facecloth
Underwear, socks, slippers
Pyjamas
Flip flops or gloves (seasonal)
Mirror
Chocolate

NEW
items
only,
please.
Thank
you!



Mark bag with sizes of
clothing (e.g. S, M, XL)

For important info and
drop-off location for
completed bag:

info@4oneoakville.com

glendyne.gerrard@cmacan.org

First Response Bag Instructions

Thank you so much for your interest in packing a First Response bag for a survivor of Human Trafficking. Your contribution will provide comfort and dignity to survivors when they are exiting exploitive situations. Being able to take a shower and put on clean pajamas and curl up with a warm blanket goes a long way in helping a survivor know they are valuable and cared about. These bags are so meaningful to the survivors we support; many of them have said they are 'blown away' by the thought that someone out there cared enough to gift them with these brand new items. You truly make a difference!

We trust you have already read the list of items that go into a bag which can be found at www.4oneoakville.com

If not, a list of the items is available at the end of this page.

Important things to keep in mind when packing a bag:

- In order to keep the cost to \$250 or less - it is important to do as much of the shopping at the dollar store as possible, and then the rest can be done at Walmart where you can pick up the gift certificate as well as the Telus card. Of course you are free to buy wherever you would like.
- Here is what you can buy at the dollar store - journal and pen, bar of soap or bottle of body wash, deodorant, brush and comb, body lotion (sometimes), ponytail elastics, shampoo and conditioner, toothbrush and toothpaste, disposable razors, toiletry bag, facecloth, warm socks, slippers (sometimes), flip flops or gloves, mirror, bar of chocolate.
Please buy good name brands for the toiletry items.
- This leaves the rest of the Walmart items - Telus Phone card (with pin) Walmart Gift card, plush blanket, feminine hygiene products large bath towel, underwear, 2 piece pyjamas OR pj bottoms and t-shirt OR pair of yoga pants and big t-shirt
- The bag itself must be a WINNERS/HOMESSENSE large re-usable bag available for sale at the checkouts for approximately \$1.99. Similar bags found at the dollar store are not big or sturdy enough.

- Make sure the bag has every item on the list in it including the gift cards, but **nothing extra**. Consistency in the bags is very important, as we want each survivor to receive the same items. If two women are at the same shelter, and one gets a bag with more items than the other, this could cause conflict. Also - if bags are donated with missing items, we need to purchase the missing items in order to give out the bag.
- Many of you will want to add other quality items that you have, but again, in order to keep the bags consistent we ask that you refrain from doing so. Careful consideration has been given to what should and should not be included. Makeup for example can be very triggering for a woman who has had to 'do up' their face in their exploitive situation.
- Think carefully about the message/appropriateness of the items you put in the bags making sure to avoid words on products like 'sexy', 'flirty' etc.
- Please do not add any religious material. Anything extra added to the bags will be removed.
- **Full size, brand new items only please.** No travel size products as we want to make sure that the survivor knows they are 'worth' buying good products for. The only exception would be if you put two travel size toothpastes in place of a regular size one. (Please - no products you have received at hotels.)
- Please buy for one size of person. In other words - if you are buying size Large pj bottoms, make sure to buy a Large t- shirt to go with them, and also underwear size Large.
- Please put the Walmart gift card and the Telus gift card (**with PIN - or else it can't be used!**) in an envelope and mark the size on the outside of the envelope.

These bags are made available to all agencies who support survivors of human trafficking, but in most cases they are handed out by the representative for Victim Services with the Halton Regional Police. Again, thank you so much for your generosity!



ITEMS for bags

- \$25 Telus phone card (make sure to keep the PIN from the cashier)
- \$50 Walmart gift card
- Bar of soap or bottle of body wash
- Plastic travel soap holder and toothbrush holder
- Toiletry bag (only affordable place is Dollerama - they carry a transparent one with 2 makeup bags inside)
- Toothbrush
- Toothpaste
- Deodorant
- Body lotion
- Brush
- Comb
- Ponytail elastics
- Mirror
- Pads
- Tampons
- Disposable razors
- Large bath towel
- Facecloth
- Underwear (Hipster style please - set of 2 or 3)
- Socks
- Slippers
- Pyjamas - either set OR bottoms and t-shirt OR yoga pants and t-shirt (nothing skimpy or 'sexy' please)
- Large soft, plush blanket (at least 60 x 90)
- Journal
- Pen or set of pens
- Chocolate bar (100 g bar like Godiva or Lindt)